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Arcadia University, Glenside, Pennsylvania

Volume XXIX Issue 3

Greet and Eat

By Viral Trivedi

The Greet and Eat event was held at the Castle in the Rose Room on November 4th from 7pm-9pm. The event was sponsored by the Asian Students in America (A.S.I.A.) Club and the Office of Multicultural Affiars. "The goal is to get students to meet new faculties and make connections to enhance their experience at Arcadia," said May Thair Aye, President of ASIA Club. Students and faculties were only part of the event, refreshments lightened up the mood to encourage conversations with everyone.

The aroma of cocnut chicken filled the entrance of the Rose Room. From spring rolls to crackers and cheese, fruits to dessert, and iced tea to coffee, students and faculties enjoyed the food then began to converse with each other, the sole purpose of Greet and Eat.

May introduced herself as well as ASIA club members to the faculties and student guests. It was great to see students sitting on both sides of the table in order to mingle with the new professors and staff members. "I would like to welcome all of you to the Greet and Eat. Thank you all for coming to our event," said May. Everyone introduced themselves and their role at Arcadia University. Dr. Steve Michael introduced himself last to make a brief speech about diversity and what it means to be a global citizen. He said, "In order to make connections, we should reduce global, and

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"Prefeast" Manifesto

By Sean Kearney Entertainment Editor

Every holiday has its own form of preparation: get green clothes for St. Patrick's day, get you're presents together for Christmas, try to figure out what the hell Flag Day is about. Thanksgiving's coming up and there's plenty to prep for. Thanksgiving requires an iron constitution (stomach) and expert planning. Here's a few tips for your turkey related endeavors:

Stretch that stomach: Half the fun of Thanksgiving is the great American pastime of eating your face off. A few days before Thanksgiving start drinking some tons of water get your stomach to Thanksgiving size. You don't want to walk into dinner with a small plate, gingerly poking around at some peas and corn. People who don't eat tons at Thanksgiving simply can't be trusted. Stretch that stomach and dare your grandma to offer you another piece of pie. Also, it will be good to stay hydrated during the inevitable post dinner catatonic nap fest.

Pace Yourself: Being at school now for a few months, you can expect to forget how good a home cooked meal actually is. This home cooked feast will leave you wanting to munch and a frightening rate. Don't do it. You need to plan for the future, and by the future I mean plates 2, 3, and the subsequent desert of pies and other seasonal baked goods. You don't want to hit that coma stage early.

Conversation pieces: We all love our families. You wouldn't be prepping for Thanksgiving if you didn't. But, let's face it, things change. You've been away at school for a few months, meeting new friends, partying with the old. Your old life and your new one might not see eye to eye. When you're family asks you what you do in your spare time, be prepared. I'm already thinking of the ways to explain what a Four Loco is and why they exist.

Wildcard Uncles: Uncles represent the wildcards of families. At any point you can go from getting a sweet story about his college days hitchhiking to Led Zeppelin shows, to getting knee deep in his most recent divorce. Much of this unpredictability comes with the no-rules approach most uncles take towards booze. Whether it's an after dinner glass of wine, or an ill-advised afternoon whiskey on the rocks, the uncle's drinking habits are both puzzling and potentially volatile. My suggestion

The Commons

By Amanda Card

Community Service Editor

It's hard to miss the giant crater nestled into the former Beaver Beach, but many students have missed out on what exactly is happening to Arcadia's campus. Since May of last year, Arcadia University has undergone intense construction, and despite the weather's implications over the summer, according to Tom Macchi, Assistant Vice President of Facilities, things are "going smoothly."

Although its current state is hardly welcoming, the student gathering area along the old soccer field isn't gone forever. In fact, the construction is for a student commons, complete with fireplace lounges, dining areas, meetings rooms, dance studios, student organization space, and room for art exhibits. The new commons will also have a balcony that overlooks the new Kuch field. Though the field will be a little smaller than its predecessor, it will be a space exclusively for students to hang out without having to worry about the condition of the field for sports teams. Students will still be able to use the fields for recreational sports, student events and activities, concerts, and fireworks.

In addition to fulfilling students' needs, the new student commons fulfills green needs too. Macchi said that construction includes the installation of a "state of the art, high efficiency Geothermal heating and cooling system," natural interior lighting along the entire front of the building, and "various lighting controls that sense occupancy, existing sunlight, and will use LED lights." They are also installing a white reflective thermal roofing system with the capacity of cooling the roof 25 to 30 degrees in summer heat while also insulating the building during the colder months. Macchi also mentioned that low water use plumbing fixtures and Dyson hand dryers are just a few of the other energy efficient ideas they are considering for the new space.

Florida Heat Pumps, a large geothermal installer and advocate, has published information on their website regarding geothermal heating, including its environmental impact, cost efficiency, and building benefits. Their website explains that geothermal systems like the one being installed at Arcadia use the Earth's heat as a "transfer medium," a natural production of heat and energy that is low costing, efficient, and capable of supplying better air quality. FHP shows that if every school in the United States were to convert to geothermal heating and cooling, it would be the equivalent of "taking 37 million cars off the road, planting 8 million acres of trees, and reducing U.S. alliance on imported fuels by 61 million barrels a year."

While Arcadia is not capable of achieving all of these things independently, there are still heaps of positives for students. Geothermal is esteemed to be 410% efficient compared to natural gas systems that have only a 77% efficiency rate. For Arcadia students, this means that money originally allocated towards the old, less efficient heating and cooling system could be used for

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Editorials & Sons Editorials &

"Opinions are like...
well... you know..."

New Layout

By Brian Killeen

Editor-In chief

As you can see, we finally got started on the new layout we have wanted so badly. Unfortunately, it came at a cost and resulted in a shorter and later issue. Our trusty computer of six years finally died on us last Sunday and with quick work from both Lori Bauer and Bob Mauro, we recieved two outstanding computers for The Tower on Thursday. Sean Kearney, Collin Oswald, and I (with the help of The Chestnut Hill Local and a lot of coffee) worked and completed the new layout you see now.

I just wanted to thank everyone who worked and put in their time to help make The Tower look better than it has in years. The Tower is just one of the cases in which we see the whole school community come together to help, share and swap information. It is something that will become better with each passing issue, of which could never be completed without our reader's inputs.

I wish to say thank you to all of the editors and staff writers of The Tower for your hard work, dedication, and patience while we sort through everything.

Last, I want apologize for the lacking issues. We will be back to full swing first thing in December, so keep a look out for us!

The Tower

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Things We Want To Do!

By Amanda Bruck
Culinary Editor

As any Arcadia student has probably notice by now, we have a castle on campus. Yup that big grey stone building at the top of the Walk of Pride is in fact...a chateau, however for our purposes it is a castle. Grey Towers Castle is a huge part of Arcadia University; in fact the allure of the castle is probably why some of us came to Arcadia whether or not we like to admit it. I was one of the lucky first years who got to live in the Castle, and while living there I compiled a list of things that we should be allowed to do within the castle walls, that for some reason the powers at be don't seem to let us do.

First, as a bored freshman on the weekends my roommates and I often tried to come up with new and innovative ways to entertain ourselves, as we were broke, car-less, and generally unduly afraid of public transportation. The most repeated suggestion was mattress surfing. Let's face it the castle steps are possibly the greatest place around to go mattress surfing, just wide enough, not too steep, and a huge platform that can be padded to land on. Not to mention the university mattresses are the prefect material for sliding down a staircase with ease. Health risks?...psht, I mean throw on a helmet and some kneepads and Arcadia could have another amazing fundraiser on their hands.

Another thing Arcadia should do is

really channel its similarities with Hogwarts and offer Astronomy classes on the roof of the castle. Nothing says astronomy like climbing a ridiculous number of steps to sit on the castle roof with a telescope, and lanterns mapping out stars. Yes, offering Astronomy in Boyer is probably more practical and safe, but offering it in the castle is just way more fun.

Admittedly the next thing Arcadia should let us do comes from a lot of other people I have spoken with. Many students think that Arcadia should allow Ouija Boards and séances in the castle again. Personally I find these things creepy in normal areas, but it seems to be a popular thing people want to do. As with many things at Arcadia there are several rumors as to why they were banned (if they were banned) and if any of it is true...well school wide power outages can't happen every time a Ouija board is broken out right? The castle has numerous ghost stories and reported haunting associated with it and students want the opportunity to check it out for themselves in the only way most people are capable of...

Which leads to the fifth and final thing arcadia should let us do: bring in the real ghost hunters, T.V. cameras, equipment and all. There are always rumors floating that Arcadia won't allow the real show in, but no one really knows. It could boost the school to new popularity!

Student Life

"Homework will be the death of me..."

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Student Commons

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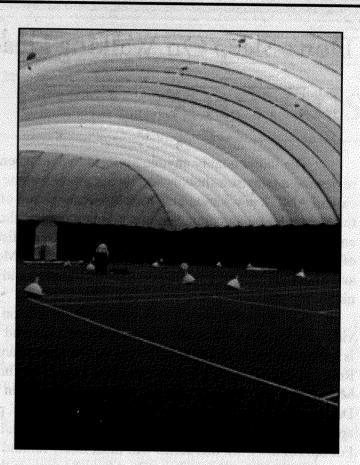
more student-friendly expenses, though, these decisions have not yet been determined.

Aside from being ecologically mindful, and financially beneficial for Arcadia, the student commons- with all of its bells and whistles- will also be forever. Geothermal is the longest lasting source for heating and cooling, and savings will only allow more improvements to be made. 2011 graduates may feel a bit on the short end of the stick seeing that construction won't be complete until next fall. However, few students are able to return to their alumni building with the success Arcadia will have achieved. Arcadia will have a better, bigger name for students to bolster in the very near future.

While construction continues, students are encouraged to use the new dome located at the university's tennis courts. It might look like a giant, inflatable bubble; however, the new dome

offers students a temporary (warm) space to hang out. On Friday, November 5th, the space will be used for a dance and thus far, most of the athletic teams have already made good use of its indoor alternative. First year Katelyn Wellnitz says that the dome "provides athletes and non-athletes a place to practice, and have fun. It's welcoming, warm, and a good size for games." 1/3 bigger than the Kuch gym floor, the dome is a great place for students to start pickup games throughout the winter, an indoor field that was never before available to students before construction.

Given three words, Macchi describes the new student commons as "a comfortable place" and wants to thank the students for their support and patience as Arcadia proceeds with this project. "We look forward to opening next fall," says Macchi, an anticipation many students should gladly second.



While Beaver Beach may be gone, the dome is a great substitute.

Eat and Greet

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increase network relationships." Everyone in the room agreed.

One of the faculty members at the event, Ms. Rochelle Peterson, a professor of Graduate Education, who also teaches a First year seminar class, talked about students in her class learning multicultural education in the classroom. There is a difference between learning from the textbooks and first-hand experiences. For example, a student teacher observes a diverse classroom and relates it to his or her textbook. It is not the same as experiencing the teacher role in the classroom. "It is like a scientific model. When you write a proposal and construct a physical model of an object, people can make inferences about the object by observing, reading, and using the object," I said. "You have to look at the classroom from the inside out, and vice versa, to fully understand the conecpt of multicultural education," says Ms. Peterson. I finished the conversation with saying, "This is the key to look in depth at the bigger picture of diversity."

Judith Dalton, Assistant Dean for Multicultural Affairs, said, "This was a wonderful event; the type of which I encourage all student clubs and organizations consider hosting in efforts to make connections with faculty and staff. I thank everyone and hope that the connections made and relationships developed with continue beyond this evening."

Prefeast Manifesto

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is to keep an eye on how many empty beer cans dot the landscape of homestead and keep note of all nearby exits.

Football 101: Inevitably you're going to watch copious amounts of football with programming going from early afternoon all the way into the evening. Don't be alarmed, the games will end at some point and you are not experiencing feast induced psychosis.

Black Friday: The day after Thanksgiving marks the most heated shopping day of the year. I would suggest that if you are planning on going out for Black Friday, don't eat too much, or give yourself ample nap time well before the "holiday". Stay heavy on the proteins as you'll need the strength to stiff-arm parents and children alike from the path leading to your of discounted treasures. Stay heavy on the taters as well as you'll need the carbs for energy to stand in line all night and day. If you're anything

like me and aren't interested in starting the Christmas season with trample marks on your back, I suggest staying clear of any road between 12am and 5pm Friday morn that even slightly heads towards a mall. Remember how nuts we went over Furbys in the 90s? Do you really want to turn up in a video 10 years from now punching a child over an iPad?

So have fun everyone. Eat tons, hang out with the family, and don't harm people for electronics. To you and yours, have a good Thanksgiving.



Entertainment Arts

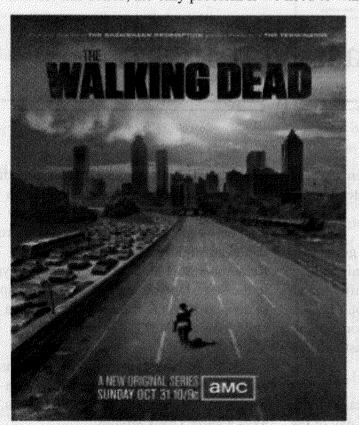
Don't Sleep On Walking Dead

By Seth Travaline

Contributer

The initial quality anyone needs to look at when reviewing a televison show is "do I want more"? In the case of AMC's new series The Walking Dead (Based off the Robert Kirkman comic series of the same name) the answer is a resounding yes! AMC has an impressive list of top television shows with Breaking Bad and Mad Men, and The Walking Dead seems to be following the trend nicely.

The series debuted to a staggering eight million viewers in all of it s time slots on Halloween night and is brought to us by the director of the classic Shawshank Redemption, The Green Mile, and poorly reviewed The Mist, Frank Darabont. Before the opening credits even roll Darabont lets us know what to expect with this series, post apocalyptic waste land, good guy sheriff, and zombies! For fans of his work this series will most likely remind viewers of Darabont's work on The Mist, shooting in the same de-saturated and gray scale that made said film work so well. The plot centers on Rick, a sheriff from some small, yet high crime town outside of Atlanta Georgia. As the story continues fans of the genre will be reminded of films like 28 Days Later, that however is the extent staying in the zombie horror mold. Being only one episode into the series you can already get a sense of where things are headed for this series, the only problem is we need to wait.



This series is by far the best new program that has come to television this season. This series has some how managed to fill the void left by Lost giving off the same sense of intrigue and more importantly the same kind of emotional investment in its characters. There is a genuine concern for Rick as he wakes from coma to find the world around him desolated by zombies and his family missing. The score really does add a lot to this series, being almost creepy yet somber at the same time. Most of the show does play without any type of music at all and all we are left with is the quite atmosphere of a desolated civilization. While this is a zombie show, there are times where you can almost forget they are there, or that they really pose a threat, you'd think this would be a bad thing

but it only adds to the drama that much more. Darabont shows that he still knows how to write a deep piece really letting us feel the pain of a life in this type of world. By the end this all adds to the tension of just knowing at any minute Rick's friends and neighbors could be breaking down his door looking to literally pick his brain, and pick brains they do! This series manages to really push the limits of what can be shown on a basic cable series. Sure it's in a post ten p.m. time slot, but its still basic cable.

By the end of the first episode we get a glimpse of what the series ensemble cast is likely to consist of, and we get a better understanding of the zombies at large. The zombies aren't nearly as fast as the zombies from Zack Snyder's Dawn of The Dead remake but they still move pretty quick for reanimated corpses. This is a series you'll defiantly want to check out. If you're a fan of zombies, or just some touching and introspective character development then this is the show for you. So far it's been a fun ride and I'm eagerly awaiting the next installments of this beautifully crafted series.

Kid Cudi Can't Cut It

By Michael Schwartz
Staff Writer

On November 9th, music artist Kid Cudi comes out with his highly anticipated second solo album after his brilliant debut, Man on the Moon. His follow-up Man on the Moon II: The Legend of Mr. Rager. has been eagerly anticipated by all due to Cudi's natural ability to work well with harmonic melodies, awe-some beats, anthem choruses, and clever lyrics. However, those expecting an instant replay of the first album are in for a rude awakening as this album proves to be darker and more morose. His goal now is to trade away the dreamy atmospherics of his preceding work for a somber sound that brings his listeners into his realities. As a result, the album is frankly more depressing than his previous material. This album is also less consistently good compared to his first album as listening to the either album in order will have the reader bouncing back and forth between some well-done pieces and other forgettable tracks. In fact, the only thing that is truly consistent with this new album is how one-dimensional it truly is which is a far cry from his prior work.

There are definitely moments of genius to be had in this album that at times shows Cudi's brilliance. The album starts off on an undeniably killer track called Scott Mescudi vs. the World which shows Cudi's awesome knack for rhythmic hooks and contagious choruses that will make fans listen too over and over again. The track also sets off the attitude that Cudi wants to take his listeners on a pleasant journey but it is accompanied by some serious demons. Another standout track is "These Worries" which is something that I wished the whole album sounded like. Not only did it give a detailed idea of Cudi's sense of anxiety and personal demons but also it was also a rhythmically perfect. His newest single is a song called Mr. Rager which Cudi once again draws parallels between his life and an epic journey which is both dark and beautiful in how it seamlessly rolls forward like the dream-like world that was so prevalent in his first album. His other single is "Erase Me" which honestly sounds like it came form another album. Its upbeat blend of heavy guitar and catchy hooks sounds strangely poppy and it represents an attempt to have a frontline single with mainstream appeal.

While there were successful aspects of the album, the whole experience is lacking form the same grandeur and general likability compared to the first album. Cudi really wants to pound the idea that he has definitely been battling internal conflicts. He brings out this dark message with heavy melodies that make the album dull at times. Unlike his first album which was consistently brilliant, the only thing truly consistent with this album is how one-dimensional it is. This is a far cry from Cudi's musically diverse abilities and it makes the album sag for long stretches. Don't get me wrong; I'm all for music artists putting their soul into their work and changing their styles but it lacked the same instant effect of the first album. Overall, music fans will have high expectations of this album and while it worked so well at times, I was disappointed overall by its mood and how a lot of the songs sounded the same.